Erith Leisure Centre
TEACHING POOL - STANDARD PROGRAMME

		6.30	15	7.00	15	30	45	8.00	15	30	45	9.00	15	30	45	10.00	15	30	45	11.00	15	30	45	12.00	15	30	45	13.0	15	30	45	14.00	15	30	45	15.00	15	30	45	16.00	15	30	45	17.00	15	30	45	18.00	15	30	45	19.00	15	30	45	20.00	15	30	45	21.00	15	30	45	22.00	15	30	45	23.00
Monday	Lane 1											SWIMMING LESSONS																CASUAL SWIM				SCHOOL SWIMMING LESSONS LANE 1				CASUAL SWIM				SWIMMING LESSONS												CASUAL SWIM				CASUAL SWIM				CASUAL SWIM											
	Lane 2																																																																						
Tuesday	Lane 1											S / L	SCHOOL SWIMMING LESSONS LANE 1															CASUAL SWIM				SCHOOL SWIMMING LESSONS LANE 1				CASUAL SWIM				SWIMMING LESSONS												CASUAL SWIM																			
	Lane 2																																																																					
Wednesday	Lane 1											SCHOOL SWIMMING LESSONS LANE 1																CASUAL SWIM				SCHOOL SWIMMING LESSONS LANE 1				CASUAL SWIM				SWIMMING LESSONS												CASUAL SWIM				CASUAL SWIM				CASUAL SWIM											
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Thursday	Lane 1											S / L	SCHOOL SWIMMING LESSONS LANE 1															CASUAL SWIM				SCHOOL SWIMMING LESSONS LANE 1				CASUAL SWIM				SWIMMING LESSONS												CASUAL SWIM																			
	Lane 2																																																																					
Friday	Lane 1											SCHOOL SWIMMING LESSONS LANE 1																CASUAL SWIM				SCHOOL SWIMMING LESSONS LANE 1				CASUAL SWIM				SWIMMING LESSONS																													
	Lane 2																																																																					
Saturday	Lane 1											SWIMMING LESSONS																				CASUAL SWIM				CASUAL SWIM				CASUAL SWIM				CASUAL SWIM																									
	Lane 2																																																																					
Sunday	Lane 1											CASUAL SWIM				CASUAL SWIM				CASUAL SWIM				CASUAL SWIM				CASUAL SWIM				CASUAL SWIM				CASUAL SWIM				CASUAL SWIM																													
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