

2025 Pool Timetable

Main Pool

	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22
MON		Lane Swimming			Educational Swimming		General Swim	Lane Swimming	Educational Swimming	Lane Swimming		Swimming Lessons	Lane Swimming 1-2-1 Lessons	Lane Swimming	SUB-AQUA	Lane Swimming	
TUE		Lane Swimming			Educational Swimming		General Swim/Lanes	Lane Swimming	Educational Swimming	Lane Swimming		Swimming Lessons	Lane Swimming 1-2-1 Lessons	Lane Swimming			
WED		Lane Swimming			Educational Swimming			Lane Swimming	Educational Swimming	Lane Swimming		Swimming Lessons	Lane Swimming 1-2-1 Lessons	Lane Swimming	Adult Swimming Lessons		
THU		Lane Swimming			Educational Swimming			Lane Swimming	Educational Swimming	Lane Swimming		Swimming Lessons		Staff Training General Swim	Aqua Aerobics	Lane Swimming	
FRI		Lane Swimming			Educational Swimming		General Swim	Lane Swimming	Educational Swimming	Lane Swimming		Swimming Lessons	Lane Swimming 1-2-1 Lessons		Wave Rave		
SAT				Swimming Lessons				Flume & Waves	Lane Swimming		Flume & Waves		Available for hire				
SUN			Lane Swimming	Swim Lessons	Flume & Waves		Lane Swimming	Flume & Waves		DISC Club		Available for hire					

Leisure Pool

	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22
MON					Swimming Lessons		Aqua Aerobics	Educational Swimming		Family Swim		Swimming Lessons		Family Swim			
TUE				Swimming Lessons	General Swim		Baby Waves	Family Swim			Swimming Lessons		Family Swim	Adult Lessons			
WED				General Swim	Swimming Lessons		Aqua Aerobics	Family Swim			Swimming Lessons		Adult Lessons				
THU				Swimming Lessons	Family Swim	General Swim (shallow end only)	Family Swim		Family Swim		Swimming Lessons						
FRI				Swimming Lessons		Aqua Aerobics	Family Swim			Swimming Lessons		General Swim	Wave Rave				
SAT				Swimming Lessons			Flume & Waves	Family Swim	Flume & Waves		Available for hire						
SUN			Swimming Lessons		Flume & Waves	Family Swim	Flume & Waves		DISC Club		Available for hire						

Admission Policy

"It is strongly recommended that weak and non-swimming children wear an approved floatation device."

All sessions in the leisure pool: 0-4 years 1 adult : 1 child  
4-8 years 1 adult : 2 child

All sessions in the Main pool: 0-8 years 1 adult : 1 child